



# St. Nicholas Camping Program

Southern California Deanery St. Nicholas Summer Camp

E-mail: [john@campstnicholas.com](mailto:john@campstnicholas.com)  
[www.campstnicholas.com](http://www.campstnicholas.com)



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Dear Parent or Guardian,

I want to thank you for choosing to send your child to the St. Nicholas Camping Program this summer! We truly believe that it is a privilege for us to be entrusted with your child during his or her stay here. It is my prayer that our efforts will result in your child returning home having progressed physically, spiritually, emotionally, and socially.

We kindly ask for your cooperation in sending us all the necessary payments and forms **as soon as possible**. Please return your child's medical forms **postmarked no later than June 30th. If the forms are postmarked after June 30th, a \$25 late fee will automatically be charged to your account.**

*\* Be aware that doctor offices are very busy this time of year. Schedule an appointment for a physical as soon as possible.*

Please keep an eye out for a complete packet of important information regarding your child's stay with us that will be sent to you at a later date.

As we prepare for this summer's program, we ask you to keep us in your prayers, as they are vital to our ability to care properly for your child. We look forward to seeing your camper this summer at Camp St. Nicholas!

With much love in Christ,

*Katrina Bitar*

Katrina Bitar  
Camp Director

## *Items Included In This Packet / Checklist*

- Tuition & Scholarship Information (Page 2)
- Health History & Examination Form (Pages 3 - 6) *One PER camper please*
- Transportation Information (Page 7)

Please mail all forms and payments to:

**St. Nicholas Camping Program  
Jonathan Geleris  
P.O. Box 7100  
La Verne, CA 91750**



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## TUITION & SCHOLARSHIP INFORMATION

### TUITION INFORMATION

The 2010 early bird tuition for each one-week session per camper at St. Nicholas Summer Camp is \$350. The early bird period is from February 2nd – April 5th. **\*Please note that registrations must be made and paid in full before April 6th to receive the early bird rate.** If the camper is registered after or not paid in full by April 5th, the regular tuition of \$395 will apply.

**DEPOSIT: A \$50 deposit must be paid within 7 days of registration to secure a spot in a session. After 7 days an unpaid registration will expire and the spot will be forfeited.**

Deposit and payments can be made by:  
**Credit Card (Through our website), Check, or Money Order.**

**Please send and make all checks payable to:**

**“St. Nicholas Camping Program.”**

Jonathan Geleris  
P.O. Box 7100  
La Verne, CA 91750

### SCHOLARSHIP INFORMATION

The Order of St. Ignatius of the Antiochian Orthodox Archdiocese of North America annually offers tuition scholarships to all the parishes within the Antiochian Orthodox Archdiocese. Each parish is generously offered up to \$700 to be used to aid in summer camp tuition. Please see your parish priest for more information.

\*\*\*The allocation of said funds is at the discretion of each **parish's priest**.

Once parish scholarships have been assigned, additional financial assistance may be requested by any family by filling out and mailing in the “Additional Scholarship Form” found under the “FORMS” section of our website ([www.campstnicholas.com](http://www.campstnicholas.com)).

\*\*\*These scholarships are based on availability and need and allocated at the discretion of the Camp Director.

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Email: john@campstnicholas.com

www.campstnicholas.com



Mail To: St. Nicholas Camping Program

Jonathan Geleris

P.O. Box 7100

La Verne, CA 91750

PLEASE CIRCLE: SESSION: 1 2 3

PLEASE RETAIN A COPY

## Health History and Examination Form

THE HEALTH HISTORY FORM AND MEDICAL EXAM FORM MUST BE COMPLETED, SIGNED, AND POSTMARKED NO LATER THAN JUNE 30TH. IF IT IS POSTMARKED AFTER JUNE 30TH, A \$25 LATE FEE WILL BE ADDED TO YOUR ACCOUNT.

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Last

First

MI

Age while attending camp: \_\_\_\_\_

Gender:  Male

Female

Home Address: \_\_\_\_\_

Street Address

City

State/Prov.

Zip

Custodial parent/guardian(s): \_\_\_\_\_ Home Phone: \_\_\_\_\_

Other Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Other Phone: \_\_\_\_\_

Other Emergency Contact Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Other Phone: \_\_\_\_\_

Name of family physician \_\_\_\_\_ Phone: \_\_\_\_\_

Name of family dentist/orthodontist \_\_\_\_\_ Phone: \_\_\_\_\_

Is the participant covered by family medical/hospital insurance? (Please check one of the boxes below)

Yes A PHOTOCOPY OF THE FRONT AND BACK OF YOUR INSURANCE CARD MUST BE ATTACHED TO THIS FORM.

Carrier or plan name: \_\_\_\_\_

Group #: \_\_\_\_\_ I.D. #: \_\_\_\_\_

No IF THE CAMPER DOES NOT HAVE HEALTH INSURANCE, PLEASE SIGN BELOW TO COMFIRM THAT THE PARENT/GUARDIAN OF THE CAMPER WILL TAKE SOLE RESPONSIBILITY FOR ANY AND ALL MEDICAL EXPENSES AND COSTS THAT MAY OCCUR, INCLUDING BUT NOT LIMITED TO EMERGENCY HEALTH CARE AND TREATMENT. Signature of Parent/Guardian \_\_\_\_\_

Which of the following has the participant had?

- Measles
- Chicken Pox
- German measles
- Mumps
- Hepatitis A
- Hepatitis B
- Hepatitis C

TB Mantoux Test

Date of last test \_\_\_\_\_

Result:  Positive  Negative

### PLEASE GIVE DATES OF IMMUNIZATION FOR:

DTP \_\_\_\_\_

TD (tetanus/diphtheria) \_\_\_\_\_

Tetanus \_\_\_\_\_

Polio \_\_\_\_\_

MMR \_\_\_\_\_

or Measles \_\_\_\_\_

or Mumps \_\_\_\_\_

or Rubella \_\_\_\_\_

Haemophilus influenza B \_\_\_\_\_

Hepatitis B \_\_\_\_\_

Varicella (chicken pox) \_\_\_\_\_

**Immunization Dates  
are REQUIRED**

NAME \_\_\_\_\_ SESSION(S) \_\_\_\_\_

**ALLERGIES**

Describe reaction and management of reaction

**Medication Allergies**

**Food Allergies**

**Other Allergies** (include insect stings, hay fever, asthma, animal dander, etc.)

**MEDICATIONS CURRENTLY BEING TAKEN** (Meds brought to camp *must* be in their original labeled pharmacy container. They *must* be given to appropriate medical staff at time of Check-In)

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med #3 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Attach additional pages for more medications.

Identify any medications taken during the school year that participant does/may not take during the summer: \_\_\_\_\_

**OVER-THE-COUNTER MEDICINES**

Please circle Yes or No next to each over-the-counter medication that your child is permitted to take.

Tylenol Products.....	Yes	No	Pepto Bismol.....	Yes	No	Antacids.....	Yes	No
Ibuprofen Products.....	Yes	No	Cough Syrup.....	Yes	No	Antiseptic Throat Spray.....	Yes	No
Benadryl.....	Yes	No	Cough Lozenges.....	Yes	No	Sterile Eye Irrigate.....	Yes	No
			External Ointments, Sprays, Lotions.....	Yes	No	Sudafed.....	Yes	No

**GENERAL QUESTIONS** (Explain "yes" answers below.)

Has/does the participant:	Yes	No		Yes	No
1. Had any recent injury, illness, or disease?.....	<input type="checkbox"/>	<input type="checkbox"/>	17. Ever had joint problems (i.e., knees, ankles)?.....	<input type="checkbox"/>	<input type="checkbox"/>
2. Have a chronic or recurring illness/condition?...	<input type="checkbox"/>	<input type="checkbox"/>	18. Have an orthodontic appliance being brought to camp?.....	<input type="checkbox"/>	<input type="checkbox"/>
3. Ever been hospitalized?.....	<input type="checkbox"/>	<input type="checkbox"/>	19. Have any skin problems (i.e., itching, rash, acne)?.....	<input type="checkbox"/>	<input type="checkbox"/>
4. Ever had surgery?.....	<input type="checkbox"/>	<input type="checkbox"/>	20. Have diabetes?.....	<input type="checkbox"/>	<input type="checkbox"/>
5. Have frequent headaches?.....	<input type="checkbox"/>	<input type="checkbox"/>	21. Have asthma?.....	<input type="checkbox"/>	<input type="checkbox"/>
6. Ever had a head injury?.....	<input type="checkbox"/>	<input type="checkbox"/>	22. Had mononucleosis in the past year?.....	<input type="checkbox"/>	<input type="checkbox"/>
7. Ever been knocked unconscious?.....	<input type="checkbox"/>	<input type="checkbox"/>	23. Had problems with diarrhea/constipation?.....	<input type="checkbox"/>	<input type="checkbox"/>
8. Wear glasses, contacts or protective eye wear?.....	<input type="checkbox"/>	<input type="checkbox"/>	24. Ever had an eating disorder?.....	<input type="checkbox"/>	<input type="checkbox"/>
9. Ever had frequent ear infections?.....	<input type="checkbox"/>	<input type="checkbox"/>	25. If female, have an abnormal menstrual history?.....	<input type="checkbox"/>	<input type="checkbox"/>
10. Ever passed out during or after exercise?.....	<input type="checkbox"/>	<input type="checkbox"/>	26. Ever had emotional difficulties for which professional help was sought?.....	<input type="checkbox"/>	<input type="checkbox"/>
11. Ever been dizzy during or after exercise?.....	<input type="checkbox"/>	<input type="checkbox"/>			
12. Ever had seizures?.....	<input type="checkbox"/>	<input type="checkbox"/>			
13. Ever had chest pain during or after exercise?...	<input type="checkbox"/>	<input type="checkbox"/>			
14. Ever had high blood pressure?.....	<input type="checkbox"/>	<input type="checkbox"/>			
15. Ever been diagnosed with a heart murmur?.....	<input type="checkbox"/>	<input type="checkbox"/>			
16. Ever had back problems?.....	<input type="checkbox"/>	<input type="checkbox"/>			

Please explain any "yes" answers, noting the number of the questions. (use additional pages if necessary)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NAME \_\_\_\_\_ SESSION(S) \_\_\_\_\_

**OTHER CAMPER INFORMATION**

We want your camper to have the best possible experience while at Camp St. Nicholas. All information is regarded as STRICTLY CONFIDENTIAL and will only be shared with the staff who will be working with your camper and other necessary personnel (Camp Director, Nurse, Food Service Director, etc.) as appropriate.

•What is your child looking forward to at camp? \_\_\_\_\_

•Are there special fears, worries or concerns your child has about camp (extreme shyness, afraid of the dark, etc.)? \_\_\_\_\_

•Are there circumstances in your child's life that would be helpful for us to be aware of (i.e., death of a close relative, divorce, or other family trauma, etc.)? Please provide relevant details. \_\_\_\_\_

•My camper is under the legal custodial care of:  Both Parents  Mother only  Father only

Other \_\_\_\_\_ Please give all relevant details: \_\_\_\_\_

Please note that if any restrictions regarding parental access to the camper are to be observed by the Camp, we must be notified via court order, addressed specifically to Camp St. Nicholas.

•Sleep Habits:  Sleep walks  Wets bed  Other: \_\_\_\_\_

•Has the camper ever been away to overnight camp before?  Yes  No

•Has the camper been away from home for more than two consecutive days?  Yes  No

•Swimming ability:  Cannot Swim\*  Beginner  Intermediate  Expert

\* I give permission for the camp to administer swim lessons, should they be available during the session.

Use this space to provide any additional information about the participants behavior and physical, emotional, or mental health about which the camp should be aware.

**PARENT/GUARDIAN AUTHORIZATIONS, PERMISSIONS AND AGREEMENT**

This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer over-the-counter medications, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the camp to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. I understand that my insurance coverage for my child will be used as primary coverage in the event medical intervention is needed. I further understand that I will be responsible for any expenses not covered by my insurance. I understand all reasonable safety precautions will be taken at all times by the St. Nicholas Camping Program and its agents during camp. I understand the possibility of unforeseen hazards and know the inherent possibility of risk. I agree not to hold the Antiochian Orthodox Christian Archdiocese, the Southern California Deanery, St. Nicholas Camping Program, their leaders, employees, and/or volunteer staff liable for damages, losses, diseases, or injuries incurred by the subject of this form. I agree that my child will abide by all the rules and guidelines set forth by the camp for the safety and good health of the campers at camp. I also agree that if my child has to return home due to discipline violations, it will be at my own expense. I agree to indemnify and hold harmless, the Antiochian Orthodox Christian Archdiocese, the Southern California Deanery, St. Nicholas Camping Program, their leaders, employees, and/or volunteers from any expenses, losses, claims, or damages incurred as a result of the acts or omissions of the subject of this form. This completed form may be photocopied for any necessary trips out of camp. By signing this form, I also authorize St. Nicholas Camping Program to use photographs of my child in camp/Archdiocese publications and websites. I give permission for my child to participate in all camp activities, with the exception of the following (please list reason for each activity denied):

*Activity*

*Reason for Denial of Permission*

\_\_\_\_\_

Signature of parent/guardian or adult camper/staff \_\_\_\_\_

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

*\*If for religious reasons you cannot sign this, contact the camp office for a legal waiver which must be signed for attendance*

NAME \_\_\_\_\_ SESSION(S) \_\_\_\_\_

**THE MEDICAL EXAM IS REQUIRED WITHIN 12 MONTHS OF THE CAMPING SESSION. THIS PAGE MUST BE COMPLETED AND SIGNED BY APPROVED LICENSED MEDICAL PERSONNEL AND POSTMARKED NO LATER THAN JUNE 30TH. IF IT IS POSTMARKED AFTER JUNE 30TH, A \$25 LATE FEE WILL BE ADDED TO YOUR ACCOUNT.**

HEALTH CARE RECOMMENDATIONS BY LICENSED MEDICAL PERSONNEL

I examined this individual on \_\_\_\_\_.

The applicant is under the care of a physician for the following conditions: \_\_\_\_\_

Medications to be administered at camp (name, dosage, frequency): \_\_\_\_\_

Treatment to be continued at camp: \_\_\_\_\_

Any medically-prescribed meal plan or dietary restrictions: \_\_\_\_\_

Known allergies: \_\_\_\_\_

Description of any limitation or restriction on camp activities: \_\_\_\_\_

Additional information for health care staff at the camp: \_\_\_\_\_

BP : \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

In my opinion, the above applicant  is  is not able to participate in an active camp program.

Signature of Licensed Medical Personnel: \_\_\_\_\_

Printed: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_



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## TRANSPORTATION INFORMATION

### GENERAL TRANSPORTATION INFORMATION

Parents are encouraged to drop off and pick up their children from the camp or carpool with others from their parish.

\*Arrival times are between **1:00PM and 4:00PM** on the first day of each session.

\*Departure times are from **10:00AM to 12:00PM** on the last day of each session.

Please be sure to pick up your campers by 12:00PM!

If you will be having someone other than a legal guardian picking up your child(ren) from the camp, please supply us with the name(s) of the authorized driver(s).

### BUS TRANSPORTATION INFORMATION

St. Nicholas Camping Program will be providing transportation between:  
**St. Nicholas Cathedral, Los Angeles** and the Camp during **Sessions 1,2, & 3**,  
AND between

**St. Luke, Garden Grove** and the Camp during **Session 3** for a nominal fee.

**(Round Trip: \$50 – One Way: \$30)**

If you would like to utilize this option, please login to your online camp account and select your preferred option for each camper. Seats on the bus are dependant on availability.

#### From St. Nicholas Cathedral, Los Angeles

Buses will depart **promptly at 12:00PM** on the first day of each session (Sunday) and return **around 12:30PM** on the last day of each session (Saturday).

\*\*\*Please arrive **no later than 11:30AM**. You are invited to celebrate the Divine Liturgy at the Cathedral beginning at 10:30AM. (Matins at 9:30AM)

#### From St. Luke, Garden Grove

Buses will depart **promptly at 11:30PM** on the first day of Session 3 (Sunday, August 1st) and return **around 12:30PM** on the last day of Session 3 (Saturday, August 7th).

\*\*\*Please arrive **no later than 11:00AM**. You are invited to celebrate the Divine Liturgy at St. Luke beginning at 10:00AM. (Matins at 9:00AM)